

A better next step for the person who asks for one.

The Reset is a private three- or six-month program: coaching, deliberate practice and small Florida immersions.

For the client who asks for structure.

They run a lot, and run it well. They want time to step away, and they know the calendar will be waiting when they get back.

The Reset supports them for a set period before, during and after their time on the coast. When they ask for that kind of help, you introduce them.

Six months. Two immersions. Weekly follow- through.

Weekly performance coaching, private KLZ Method practice every other week, and four- and three-day immersions near Pompano Beach with Epic Adventures. A coordinator handles the details.

A three-month entry includes one four-day immersion. Watersports depend on weather and instructor assessment; land-based alternatives are always available. Spiritual practices are optional.

Where each partner fits.

Concierge doctors

An interested patient opts into coaching and experiences. Your practice keeps its own clinical judgment and patient relationship.

Wealth advisors

A private option with clear limits, for clients who ask how to spend their time and attention.

Executive coaches

The immersions and KLZ practice add to the coaching you already do. We agree the boundaries with you first.

PE talent teams

A structured option for a leader who consents. We put the time commitment and what the sponsor learns in writing, up front.

The care relationship stays independent.

Medical care is provided by an independent licensed practice. Its clinicians decide on assessment, tests and treatment only when clinically appropriate.

Clinical records stay with that practice. Coaches see only what the participant chooses to share. Sponsors and referring partners receive no health information.

MEDICAL PARTNER COMING SOON

A premium, explicit scope.

\$45,000

Six months

Nonmedical program fee; two immersions, weekly coaching and KLZ cadence.

Proposed prices. The independent practice bills clinical care, testing and prescriptions separately. Flights are extra. Every prospect gets a written scope before deciding.

\$25,000

Three months

Nonmedical program fee; one immersion and the same core coaching cadence.

Ask first. Connect only with permission.

1

Notice interest

Start from what the person asked for. Never infer anything about their health.

2

Ask consent

Ask if they want an introduction. Never hand over a patient or client list.

3

Introduce

Send a short personal note that connects them with our coordinator.

4

Step back

We handle fit, proposal and intake. You get no clinical or enrollment details without consent.

Let's test one thoughtful introduction.

Give us 20 minutes. We will cover fit, your professional boundaries and how an opt-in introduction works.

[Partner contact and booking link coming soon] · We confirm founder and clinical partner details, dates, capacity and final terms before use.